

**Signature Box**

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. Sirloin Steaks (4 x 6 oz.)
- 2 lb. Mac & Beef Dinner Entrée
- 2 lb. IQF Chicken Breast (Boneless Skinless)
- 1 lb. Lean Ground Beef
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Breaded Crunchy Fish Bites (32 ct.)
- 1.5 lb. Smoked Chicken Sausage
- 2 lb. Heat & Serve Green Beans
- 1 lb. Fajita Blend (Onions, Red & Green Pepper Strips)
- 1 lb. Rice
- 25 oz. Pasta Sauce
- 1 lb. Pasta
- 3 lb. Idaho Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**\$30.00****Convenience Meals**

**Great for seniors and people living with diabetes!**

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens and people living with diabetes in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

**Roasted Chicken** - Roasted White Chicken Breast Meat Pieces in Sauce with Red Skin Potatoes and Sugar Snap Peas and Carrots

**Chicken Broccoli Alfredo** - White Chicken Breast Pieces with Broccoli, Fettuccini Noodles and Alfredo Sauce with Carrots, Zucchini and Red Peppers

**Chicken Chow Mein** - White Chicken Pieces over Lo-Mein Noodles, Mixed Vegetables with Sauce with Sugar Snap Peas and Cauliflower

**Chicken Teriyaki** - Chicken Breast Pieces over Fried Rice Blend with Teriyaki Sauce with Sugar Snap Peas and Carrots

**Sweet and Sour Chicken** - Chicken Breast Pieces over Rice with Vegetables and Pineapple in a Sweet and Sour Sauce with Sugar Snap Peas and Carrots

**Salisbury Steak and Gravy** - Salisbury Steak Patty with Red Skin Potatoes and Gravy with Peas and Carrots and Cauliflower

**Chili with Beef and Bean** - Beef, Beans and Tomato Based Chili with Corn and Red Peppers and Peas

**Beef Stew** - Hearty Beef Chunks with Potatoes, Carrots, Celery and Onions with Brussels Sprouts, Corn and Red Pepper Blend

**Fiesta Chicken with Rice** - White Meat Chicken with Fiesta Sauce over White Rice with Corn and Cauliflower

**Macaroni and Beef** - Macaroni and Beef with Noodles, Carrots and Zucchini Blend

Assorted Sugar Free Desserts

**\$28.00****5 lb. Allergen-Free Food Box**

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Fillets
- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Cubed Steak
- 1 lb. Breaded Wings
- 1 lb. Breaded Chicken Tenders

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

**\$23.00****6 lb. Premium Seafood Variety Box**

- 2 lb. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 1 lb. (8 ct) Stuffed Crab in Natural Shell
- 2 lbs. Oven Ready Popcorn Shrimp

**\$35.00****Just 4 Me – After School Box****\$24.00**

An assortment of child-friendly snacks. Great for after school or any time.

- 4 each Stuffed Sandwiches available in a variety of flavors
- 1.5 lb. Mini Corn Dogs
- 2 each Twin Mini Chicken Sandwiches
- 2 lb. Chicken Tenders
- 1 lb. String Cheese (1 oz. sticks)
- 2 each Peanut Butter and Jelly Jamwich (2.8 oz. each)
- 1 each Nacho's Lunch Snack with Chips, Cheese and Salsa (3.7 oz.)
- 1 each Turkey & American Cheese Lunch Snack with Turkey, American and Crackers (2.15 oz.)
- 1 each Ham & American Cheese Lunch Snack with Ham, American and Crackers (2.15 oz.)

**Just 4 Me – After School Fruit & Veggie Box****\$16.00**

An assortment healthy fruit snacks especially for kids.

- 3 Red Delicious Apples
- 3 Navel Oranges
- (2) 2 oz. Pack Celery Sticks
- (1) 6-pack Apple Sauce
- (1) Either 2.5 oz. Bag Apple Chips or Sweet Potato Chips
- (2) 1.75 oz Ranch Dressing Cups
- 3 Granny Smith Apples
- (1) 1lb. Mini Carrots
- (1) 3-pack Fruit Juice
- (1) 6 oz. Bag Banana Chips

**JUNE SPECIAL #1****\$23.00**

**5.5 lb. Assorted Meat Grill Box:** (2 lb. Rib-Eye Steaks (4 x 8 oz.); 2 lb. Bone-In Pork Chops (4 x 8 oz.); 1.5 lb. Bacon Wrapped Turkey Mignon (4 x 6 oz.))

**JUNE SPECIAL #2****\$17.00**

**6 lb. Chicken & Rib Box:** (3 lb. Split Whole Chicken (3 lb. average wt.); 3 lb. Baby Back Ribs)

**JUNE SPECIAL #3****\$19.00**

**Flavored Hamburger Grill Box:** (2 lbs. Dijon Mustard (4 x 8 oz.); 2 lbs. Mozzarella Cheese (4 x 8 oz.); 2 lbs. Cheddar Cheese (4 x 8 oz.))

**JUNE SPECIAL #4****\$22.00**

**Premium Fresh Fruit and Veggie Box:** (4 each Yellow Corn, 2 each Yellow Squash, 2 each Zucchini Squash, 1 head Fresh Green Cabbage, 1 stalk Celery, 1 Golden Ripe Pineapple, 1 Mango, 6 each Lemons, 1 Large Hass Avocado, 1 Large Cantaloupe, 3 lb. bag Red Potatoes (A Size), 2 lb. bag Yellow Onions, AFM June 2010 Fruit and Veggie Recipe Sheet)

**JUNE SPECIAL #5****\$21.00**

**Bit O' Blessing Box:** (2 lb. Hamburger Steaks (4 x 8 oz.), 2 lb. Mac & Beef Dinner Entrée, 1 lb. Chicken Breast Fajita Strips, 1.5 lb. Smoked Sausage, 2 lb. Fully Cooked Green Beans, 1 lb. Fajita Blend (Onions, Red & Green Pepper Strips), 1 lb. Rice, 1 lb. Frozen Broccoli, 21 oz. Frozen Fruit)

**ORDERS ACCEPTED IN PERSON ON:**

- Saturday, May 22, 9:30 to 11:15 AM
- Wednesday, June 9, 4:30 to 6:00 PM
- Saturday, June 12, 9:30 to 11:00 AM

CASH or FOOD STAMPS (EBT with valid ID) ONLY

Or order on-line at: [www.angelfoodministries.com](http://www.angelfoodministries.com)

**DISTRIBUTION DAY:**

Saturday, June 26, 9:30 to 11:15 AM

(NOTE: New Expanded Hours!)

**All boxes are available for purchase without restrictions.  
You NO LONGER have to order a regular box to purchase a special.**

**Using a credit or debit card you may place orders on-line at:  
[www.angelfoodministries.com](http://www.angelfoodministries.com) (under Host Sites, select location)  
Online Order Deadline: June 16, 2010**

**Christ Memorial Church is located at 595 Graafschap Road in Holland  
On the corner of 24th Street & Graafschap Road (use the southeast entrance D)**

Questions: Call 616-796-3370 or visit [www.christmemorial.org](http://www.christmemorial.org).  
In person order dates / times are shown on the front side of this sheet.

**Additional AFM host sites exist throughout West Michigan. For other locations  
in Michigan and across the United States, visit [www.angelfoodministries.com](http://www.angelfoodministries.com) or call  
toll-free 1-888-819-3745.**

Now you or someone you want to help can be blessed with a wonderful box of fresh and frozen products: meats, dairy, fruit and vegetables and staple items. Order as many units as you like. ANYONE CAN ORDER NO INCOME LIMITS! NO APPLICATION NEEDED!

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing grocery relief and financial support to communities throughout the U.S. working through host sites, such as Christ Memorial Church. Over 500,000 families across 34 states receive this quality, low cost grocery supplement every month!

Angel Food's groceries are sold in a quantity that can fit into a medium sized box at just \$30 per unit. Each month's menu is different from the previous month and consists of both fresh and frozen items, including meats, vegetables and grain products. Each box has an average retail value of over \$65. Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. The food is the same quality one would purchase at a grocery store - no second-hand items, no damaged or out-dated goods, no day-old breads or overripe produce. Specialty boxes, such as steaks, chicken, and pork, are also available. There are no limits to the number of units or specialty boxes an individual can purchase. There are no applications to be processed. NO FINANCIAL LIMITS OR SERVING QUALIFICATIONS... EVERYONE CAN PARTICIPATE AND ORDER FROM ANGEL FOOD.



**Please Note: Orders will only be taken in person on designated dates and times and must be paid in full at the time they are placed (cash or food stamps only). All orders must be picked up on distribution day. Orders can only be picked up from the same location as where you originally placed your order. We are not able to transfer orders between locations.**

**Angel Food reserves the right to substitute any item listed due to availability, cost and/or quality.**